

Module specification

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Module Code	SIR410
Module Title	Professional Practice and Communication in Sports and Healthcare
Level	4
Credit value	20
Faculty	Social and Life Sciences
HECoS Code	100475
Cost Code	GACM

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Sports Injury Rehabilitation	core

Pre-requisites

N/A

Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	1 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	37 hrs
Placement / work based learning	50 hrs
Guided independent study	113 hrs
Module duration (total hours)	200 hrs

For office use only	
Initial approval date	15/09/2022
With effect from date	September 2022

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Date and details of revision	
Version number	1

Module aims

This module will introduce the personal and professional contexts needed for the Sports Injury Rehabilitation programme.

It aims to develop an appreciation of current themes off professionalism public health and the professional aspects of being a Graduate Sport Rehabilitator. It aims to build an understanding of the importance of collaborative and inter-professional practice.

Facilitating the student to reflect and develop an enquiring mind through the process of self and collaborative awareness as to the general principles of delivering person centred care in a safe manner.

Lastly, there will be an introduction to the theories and concepts of communication in sports and health care. The module will enable students to develop their interpersonal and communication skills that reflect the values when working with athletes/service users.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Demonstrate characteristics of professionalism and the core BASRaT values and principles
2	Demonstrate communication skills with service users, other health care professionals and the multidisciplinary team
3	Demonstrate the process of self-appraisal planning, prioritising, organising and directing own workload whilst on placement
4	Demonstration of effective communication skills in formal presentation setting
5	Discuss and give examples of effective communication strategies used within a sport and healthcare setting

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Placement portfolio (LO1, LO2, LO3)

Students will complete a placement portfolio which contains a SWOC analysis and personal development plan. There will be set professional characteristics and BASRaT values which the student must adhere to within a professional work based setting.

Placement Hours/Attendance

Students will be required to provide evidence of completing 50 observational placement hours from a professional sports and/or clinical setting.

PowerPoint Presentation (LO4, LO5)

A 15 minute power point presentation will be used to assess students ability to demonstrate effective communication skills in formal presentation setting. and also discuss and give examples of effective communication strategies used within a sport and healthcare setting.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-3	Portfolio	Pass/Fail
2	NA	Attendance	Pass/Fail
3	4-5	Presentation	100%

Derogations

All elements must be passed at 40% or above. Clinical Practice assessments and placement are set to establish student safety in their clinical skills and safeguard the public. Therefore, all clinical practice assessment will be conducted with 'public safety' as the priority; students demonstrating unsafe practice or breaching confidentiality will not pass the assessment. During assessments the examiner will stop the student and inform them the clinical examination will not continue and the student will be marked as 'not pass' or referral, following the University Academic Regulations.

Learning and Teaching Strategies

A variety of learning and teaching strategies will be used including; placement, interactive and didactic lectures, discussion and debate. This will provide core knowledge and directed/self-directed study will be given to support learning. Students will be encouraged to individually and collectively reflect on practice and through this identify further individual learning needs.

Indicative Syllabus Outline

- Professionalism in Healthcare
- Core BASRaT Values and Principles
- Recognising own Limitations/ Scope of Practise
- Time management and organisation
- Reflective Practice
- Continuous Professional Development
- Communication in sport and the workplace
- Gathering information
- Oral and written communication
- Patient Education
- Emotional Intelligence
- Motivational Interviewing
- Communication through barriers
- Telehealth

Indicative Bibliography:

Essential Reads

Pavord, E. and Donnelly, E. (2015), *Communication and Interpersonal Skills*. 2nd ed. Devon: Reflect Press. This book should be available from the library in Edward Llwyd Building, main campus.

Comfort, P. and Abrahamson, E. (2010), *Sports Rehabilitation and Injury Management*. Chichester: Wiley-Blackwell.

Jasper, M. (2013), *Beginning Reflective Practice*. 2nd ed. Andover: Cengage Learning.

Thomas, J., Pollard, K. and Sellman, D. (2014), *Interprofessional Working in Health and Social Care: Professional Perspectives*. 2nd ed. London: Palgrave Macmillan.

Other indicative reading

British Association of Sports Rehabilitators and Trainers (BASRaT) - Standards of Ethical Conduct and Behaviour

https://basratprod.blob.core.windows.net/docs/profdocs/basrat_standards_of_ethical_conduct_and_behaviour_2013.pdf

British Association of Sports Rehabilitators and Trainers (BASRaT) – Role Delineation of the Sports Rehabilitator

NHS – Exercise: Get Active Your Way (2018)

<http://www.nhs.uk/Livewell/fitness/Pages/Activelifestyle.aspx>

Cottrell, S. (2013), *The Study Skills Handbook*. 4th ed. Basingstoke: Palgrave Macmillan Ltd.

Journal: Communication & Sport from Sage Journals

Journal: International Journal of Sports Communication

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Enterprising
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication